**How it Works:**

* The Academy is exclusively for members of Towy Valley Riding Club and is open to both Junior and Senior members.
* The academy is designed for all levels or riders and horses but will aim to develop riders in a more structured format.
* During the season all riders will be regularly assessed & trained by the Academy Trainer Jonathan Pett BHS Accredited Coach.
* Regular training sessions with Jonathan working initially towards personal goals which will include the Academy Progress System and for some the NAF 5 Star Awards which David Austin a well-respected BS UKCC Level 3 Coach will assess and award during his training sessions.
* All training sessions are optional but there will be a steady progress throughout the season and at certain times of the year, sessions will be tailored towards Team competitions as the Club is involved in competitions from 60cm to 1.10m.
* Throughout the year there will also be unmounted workshop days which will include topics such as nutrition, stable management, & walking courses, etc.
* We will also be looking to run 2 additional eventing coaching series, one in the Spring the other in the Autumn. These training sessions will incorporate flatwork over poles, grid work, technical fences, course jumping technique, warming up and cooling down effectively etc. with a BE Level 3 coach coming down and assessing during the last training session.
* The summer season will be based at Trojan Stud, and will hopefully move indoors during the worst of the winter months.
* At the end of each year there will be an evening social when all the awards will be given out including special awards for attendance, most improved etc.